



WINDSOR-ESSEX

Compassion Care Community

1. The Windsor-Essex **Compassion Care Community** is citizens, families, neighbours, service providers, businesses and community leaders who believe in the power of community. Together, we are working to raise happiness, improve quality of life and reduce inequities for the citizens in Windsor-Essex.
2. With your help, we will build **Canada's most Compassionate Community**, one where....
 - People can count on their **neighbours** and friends for extra help...
 - The community wraps around **people in distress** and figures out how to help....
 - People and their care partners find it easy to **help themselves** and are truly charge of **their life long care journey**...
 - Formal care programs, friends and volunteers, self-care and technology **work collectively** to achieve a person and families' most important goals...
 - The community uses its assets wisely and measures itself to ensure **good quality of life** is within reach of all community members with **extra care for its most vulnerable**...

3. A New Kind of Caring

Starting in Leamington in December 2016 and Windsor, Kingsville, Tecumseh, and Lakeshore in June 2017, we are launching a series of community pilots that aim to connect citizens and care partners with neighbours, volunteers, coaches, support services and technology to create thriving networks and relationships that last a life-time, where each of us feels cared for and valued.

Here's how you can get involved:

- If you or someone you know is elderly, has a disability, or is isolated, and wants to register for compassionate community care, call the **Compassion Care Community Office at 519-974-2581 ext 2420** for information about joining our study (or about volunteering as a coach).
- If you notice someone you care about or who lives in your neighbourhood who appears in distress, but can't seem to get the help they need, **please call the Distress Line at 519-256-5000**.

- If you want to be part of a **neighbour exchange** to offer your skills and in exchange ask for the practical and social help you need, please email us at info@weccc.ca to see what exchanges are available and how you can join.

4: Did You Know...

- Working towards a common vision, and seeing the difference we make, enables people to be happier, healthier, and more connected
- Being a good neighbour, being kind to others, and being a volunteer improves your health.
- Organizing formal and informal care and technology around what's most important to a person and their family improves their quality of life and helps them adapt to challenges.

5: We are a social enterprise that is **100% community owned** and supported by:

- Individuals and Families
- Faith, Multicultural and Community Associations
- Labour and Businesses
- Youth, Schools, Colleges and the University
- Non-profit agencies and Foundations
- Health services, social services, municipal services, and federal services

We are **100% community led**:

- Anyone can join our Citizens' Table – we meet 3 times per year. Details posted at www.weccc.ca
- A Sponsors' Group comprised of leading public institutions and community leaders meets regularly to ensure the community is making progress on the targets we have set for ourselves

6. WE NEED YOUR HELP

- Share your experiences to help build a community system that works for you
- Identify people who could benefit from compassionate care
- Volunteer to be a Coach
- Join a Neighbour Exchange
- Be kind to others, naturally
- Reach out to people to ask "How can I help?"
- Discuss with others about what YOU can do to improve community quality of life
- Like us on social media
- Support our Give 65 event (Fall 2017)

7: For more information, contact us at:

Windsor-Essex Compassion Care Community

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Phone: 519-974-2581 ext. 2420

Website: www.weccc.ca